

NHS South of Tyne & Wear
Substance Misuse Services



Training Programme 2009/ 2010

About NHS South of Tyne & Wear Substance Misuse Services

Vision Statement

“To provide an effective and innovative service with a reputation for excellence”

Who We Are:

NHS South of Tyne and Wear Substance Misuse Service is an integrated service of Nurses, Social Workers, Criminal Justice Workers, Support Workers, Project Development Staff and Administration staff employed by Gateshead Primary Care Trust and partner agencies.

Aims and Objectives:

The aim of our service is to provide a comprehensive service which is effective and of high quality, that strives to meet the needs of service users, carers and the local community who experience problems with alcohol and drugs.

In order to achieve this aim, the service have five specific objectives:

- To provide timely and appropriate specialist assessment for people experiencing problematic use of drugs and alcohol
- To deliver a range of interventions and treatment in line with current research, clinical guidelines and good practice
- To offer advice and consultation to other professionals, agencies and carers who are involved with people who use drugs and alcohol problematically
- To offer training to a range of professionals and agencies
- To ensure that service users and carers are involved in the ongoing development of the service

Philosophy:

Our philosophy of care and treatment is based on a harm reduction model, accepting that many service users will continue to use a range of alcohol and/or drugs.

Our service aims to encourage service users to take responsibility for their alcohol or drug use and related behaviour and make positive changes to their physical, psychological and social health. The goal of treatment and care, in partnership with the service user, may either be abstinence or a reduction of harmful alcohol/drug using behaviour.

Training Overview

Introduction:

We have been providing training since 2000 and have developed an extensive range of courses designed to facilitate learning and improve the practice of individuals and organisations working to reduce alcohol and drug related harm. We work in partnership with a range of organisations within Gateshead to deliver this training.

The courses support and are consistent with the core knowledge and skills of Drug & Alcohol National Occupational Standards units (DANOS). For information about DANOS please contact the Project Development Officer or visit the website www.skillsforhealth.org.uk/danos. All courses are facilitated by experienced drug & alcohol workers with a range of skills and knowledge in the field. We are also currently undergoing an accreditation process for all courses.

New Courses for 2009/10

We have developed a number of new courses for 2009/10 and these include Motivational Interviewing, Basic Counselling Skills, Methamphetamine Training and lots more.

Booking a Place on a Course:

To book a place on one of our courses please contact the Project Development Officer by e-mail, alternatively you can complete and return the form at the back of this programme. These courses are also available on the SOTW extranet page

Upon receipt of your application form or on-line booking we will confirm your place. Further details will be sent to you one week prior to the event.

The course venue is:

- Local Authority Training Suite, Prince Consort Road, Gateshead

Commissioning Training From NHS South of Tyne & Wear Substance Misuse Services:

We offer training courses to meet the needs of staff from agencies, organisations, service users, carers and families. Our service can tailor any of the courses in this programme to meet your needs within your area of work. To commission training please contact the Project Development Officer.

Programme of Courses

Drug and Alcohol Awareness

A highly rated 2-day, Level 1 course designed to provide basic awareness, up-to-date information, stimulate debate and challenge participants perspectives on drug and alcohol issues.

Date: 2 & 3 April 2009, 18 & 19 August 2009, 18 & 19 March 2010

Time: 2 full days

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AA4, AB2, AB5, AC1, AD1

Stimulant Awareness Training

A one day course to raise awareness of all stimulant drugs by discussing the various methods of use and administration. Harm minimisation advice and safer use/ reducing risk. Effects of use on mind and body. Treatment options and holistic interventions. Working with stimulant users in the Criminal Justice System. Recreational use and safer clubbing initiatives.

Date: 7 May 2009, 23 September 2009, 28 January 2010

Time: 9:30am-4:30pm

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AA3, AA4, AB1, AB2, AB7, AC1, AC3, AD1, AF1, AF2

Safe injecting Training

A one day course designed to give those working with injecting drug users an insight into this method of drug taking. It will enable participants to advise on safe practice and reduce the risks associated with injecting drug use. It will look at the medical risks of injecting drug use. Examines the preparation and sharing of drugs for injection. Aims to help the participant to communicate effectively essential information to injectors.

Date: 23 June 2009, 12th November 2009,
Time: 9:30am-4:30pm

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA4, AB2, AB5, AC1, AC3, AC4, AD1, AD4, AH3

Cocaine Awareness

This course raises awareness of the use and effects of cocaine, Participants will improve their knowledge of the drug's properties and effects whilst exploring theoretical models of reducing health and social risks.

Date: 5 May 2009, 8 September 2009

Time: 9.30a.m.-4.30p.m.

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AB1, AB2, AB4, AB5, AC1, AD1

NEW

Programme of Courses

Heroin & Treatment

A full day course to raise awareness of Heroin use and its physical, psychological and social effects. The course will provide an overview of the treatment options available. This course will also explore the concept of Harm Reduction and introduce participants to paraphernalia used when taking drugs.

Date: 13 May 2009, 16 September 2009, 10 February 2010
Time: 9.30am—4.30pm
Venue: Prince Consort Road Learning Centre, Gateshead
Participants: Local Authority, Gateshead Health & PCT Staff
Supports DANOS Units: AA1, AA3, AA4, AB1, AB2, AB5, AC1, AD1, AG1, AG2

Alcohol Awareness

A one day course to raise awareness of alcohol use and demystify some of the myths surrounding alcohol. The course will provide an overview of the physical, psychological and social effects on the individual, families and society.

Date: 9 April 2009, 12 August 2009, 24 February 2010
Time: 9:30am-4:30pm
Venue: Prince Consort Road Learning Centre, Gateshead
Participants: Local Authority, Gateshead Health & PCT Staff
Supports DANOS Units: AA1, AA2, AA3, AA4, AB2, AB7, AC1, AD1, AF1, AF2, AG2, AG3, AI2

Theory and Good Practice in Drug Education

Government strategy places a strong emphasis on the need for effective drug education and prevention work with young people. This course explores the debate about drug education and prevention and the practical implications in the field. It also offers ideas for methods to get the drug message across.

NEW

Date: 14 July 2009, 15 December 2009, 10 March 2010
Time: 9.30a.m.-4.30p.m.
Venue: Prince Consort Road Learning Centre, Gateshead
Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AC1, AC3, AD1, AD2, AD3

Cannabis Training

This course will help participants to understand the historical, cultural and social significance of cannabis. It will also explore the effects, risks and harms associated with its use as well as examining the law relating to cannabis. Interventions into use are also investigated.

NEW

Date: 9 July 2009, 5 November 2009, 4 March 2010
Time: 9.30a.m.-4.30p.m.
Venue: Prince Consort Road Learning Centre, Gateshead
Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AA2, AB2, AC1, AD1

Programme of Courses

Substance Misuse Work in the Criminal Justice System

This one day course is designed to inform participants about the work carried out by the Criminal Justice Intervention Team and the Drug Intervention Programme (DIP). To introduce participants to the nature of the work, foster an understanding of the CJS journey from arrest to prison and to enable participants to discuss and debate the treatment options - custody and community. The course also aims to give an understanding of partnership working.

Date: 1 May 2009, 2 October 2009, 5 February 2010

Time: 10.00am—3.00pm

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA4, AC1, AC3, AC4, AD1, AD2, AD3, AD4, AG3, B16, CA3

Level 2 Drug & Alcohol Training

This is an essential course for professionals looking for an opportunity to expand their knowledge of drug and alcohol issues. Participants can accredit their knowledge of these issues and explore key issues through evidence-based research. They will also develop a consistent approach to drug and alcohol education, awareness and interventions.

NEW

Date: 10-17-24 June & 1 July 2009

7-14-21-28 October 2009

6-13-20-27 January 2010

Time: 4 x 1 day sessions 9.30am—4.30pm

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AA2, AA3, AA4, AA5, AA6, AB2, AC1, AD1, AH10, AF1, BD3,

Steroid User Awareness

A one day course to gain an awareness and understanding of anabolic steroids and other performance enhancing substances. The course also aims to increase the knowledge relating to the adverse effects of these substances.

Date: 9 June 2009, 3 November 2009, 2 March 2010

Time: 9.30a.m.-4.30p.m.

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AA3, AA4, AB2, AB5, AC1, AC3, AC4, AD1, AG3, AH3

Pregnant Drug User Awareness

A full day course to gain an awareness and an understanding of the Pregnant Drug User Service in Gateshead and explore the role of all professionals involved in the system. To identify the main substances and their effects on the fetus and list the symptoms of neo-natal withdrawal.

Date: 17 June 2009, 22 October 2009, 11 February 2010

Time: 9:30am-4.30pm

Venue:

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AA2, AA3, AA4, AB2, AB6, AB7, AC1, AC3, AD1, AF1,

Programme of Courses

Brief Intervention & Screening

This half day course aims to provide individuals with the knowledge and skills to screen clients/ patients for hazardous and harmful drinking using validated screening tools. To provide knowledge and skills on delivering brief interventions to change hazardous drinking through motivational interviewing.

Date: 15 July 2009, 20 November 2009, 9 March 2010

Time: 9.30a.m.-12.30a.m.

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AA3, AA4, AB2, AB4, AC1, AC3, AC4, AD1, AD4

Substance Misuse Education for Administration Staff

A new course for staff working in administration which will raise awareness of drug and alcohol issues whilst providing an understanding of the effects of drugs and alcohol.

Individuals will also examine communication and intervention techniques to improve their skills when relating to clients.

Date: 7 May 2009

Time: 9.30a.m.-4.30p.m.

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AB2, AB5, AC1, AD1

Motivational Interviewing

Motivational Interviewing is a counselling approach designed to aid client's in changing risk behaviour. Participants will gain an understanding of the concept of motivation and how it relates to a model of behaviour change. They will also learn to improve interventions with drug users who are resistant to change and improve their interviewing and counselling skills.

Date: 23 July 2009, 18 November 2009, 19 January 2010

Time: 9.30a.m.-4.30p.m.

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA2, AA4, AB2, AC1, AF2, AI1

Working with Parents of Young Drug Users

This course aims to clarify attitudes towards parenting and young people and young peoples' drug use. Individuals will become aware of research about parenting and drug use as well as identifying good practice when working with parents.

Date: 19 June 2009, 22 October 2009, 9 February 2010

Time: 9.30a.m.-4.30p.m.

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA3, AA5, AB1, AB6, AB7, AC1, AD1, AD2, AD3

Programme of Courses

Drugs and Sex Work Training

This one day course is to gain an understanding of the link between drugs and sex work. The participants will discuss local and national policy on prostitution, the links between substance misuse and sex work and methods for reducing harm associated with sex work.

Date: 4 June 2009, 8 October 2009, 11 February 2010

Time: 9:30am—4:30pm

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AA2, AA3, AA4, AB1, AB2, AB4, AB5, AC1, AC3, AC4,

An Introduction to Carer and Patient Involvement

This is a 1/2 day course to help understand why it is important to involve carers and patients, when to involve them, what to involve them in and some simple ways how to do it; introduction to the Carer and Patient Involvement Toolkit for each team. This will include; discussions of the pros and cons of Carer and Patient Involvement, introduction to national and local motivation to involve carers and patients, including legislation. how to use the Carer and Patient Involvement registration form, toolkit and database and examples of how the Carer and Patient Involvement Team can help

Date: Thurs Jan 29th 1 - 4 pm

Mon Feb 9th 1 - 4 pm

Wed Feb 25th 9.30 - 12.30

Fri Mar 13th 9.30 - 12.30

Tue Mar 24th 1 - 4 pm

Please contact the Carer and Patient Involvement Team for further details on 2831000.

Alternatively you can book onto this course by accessing the link <http://www.keylink.sotw.nhs.uk/>

Methamphetamine awareness Training

This one-day course aims to raise awareness about this highly addictive drug. Participants will explore the physical, psychological and social effects it causes and investigate its fairly recent rise in use amongst drug users.

The course also explores research around the drug and looks at interventions aimed

Date: 3 June 2009, 9 October 2009, 12 February 2010

Time: 9:30am—4:30pm

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AB2, AB5, AC1, AD1,

Volatile Substances (Solvents)

Volatile substance misuse is one of the most common causes of death amongst young people. This course is designed to give an insight into the methods of use and the wide range of products abused. It is designed to give those not necessarily trained in drug and alcohol abuse, an understanding of this extremely dangerous pastime.

Date: 16 June 2009, 3 March 2010

Time: 9:30am—12.30pm

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AB2, AB5, AC1, AD1,

Harm Reduction & Hepatitis Awareness Training

A two day course which covers areas which define the term 'Harm Reduction'. This will also include discussing harm associated with injecting drug use, applying harm reduction strategies to specific situations and discussing National and Local Strategies. An overview of Blood Borne Viruses will also be covered ranging from Hepatitis A - G, prevention strategies, treatment and management of Hepatitis C and support for positive clients.

Date: 19 & 20 May 2009, 11 & 12 November 2009, 3 & 4 February 2009

Time: 9:30am-4:30pm

Venue: Prince Consort Road Learning Centre, Gateshead

Participants: Local Authority, Gateshead Health & PCT Staff

Supports DANOS Units: AA1, AA4, AB1, AB2, AB5, AC1, AC3, AC4, AD1, AH3

Contact Information

IF YOU REQUIRE FURTHER INFORMATION PLEASE CONTACT NHS SOUTH OF
TYNE & WEAR SUBSTANCE MISUSE SERVICES

Sarah Beat
Project Development Officer

Ward 5
Bensham Hospital
Saltwell Road
Gateshead
Tyne & Wear
NE8 4YL

TEL: 0191 445 5400
FAX: 0191 445 5418

Email: sarah.beat@ghpct.nhs.uk

BOOKING FORM

(Please use separate form for each course you are booking)

Name:.....

Contact Details (Address):.....

.....

(Tel):.....

(e-mail):.....

Course Details:.....

Date:.....

Special requirements:.....

